

RECOVERY SUPPORT GROUP

IN PERSON

Get recovery support for an eating disorder in a safe space

Our recovery support groups provide spaces where you can feel free to discuss your body image and eating concerns.

You don't need to do this alone. These in-person groups are facilitated by trained peer facilitators who have lived experience of an eating disorder themselves. Anyone over age 18 is welcome to attend.



Monday 17 March
5.30- 7pm



"Myrtle room" Mental Health
Centre: 62-64 Canning Street,
Launceston



For more info contact
rss@butterfly.org.au

Booking Essential



In Person Recovery
Support Group