

# Anglicare **Attempted Suicide Aftercare Program (ASAP).**

Our service  
is **voluntary,**  
**confidential**  
and **free.**

Frequently  
asked questions  
for **health care  
professionals.**

1800 243 232  
[anglicare-tas.org.au](http://anglicare-tas.org.au)



## Who is this service for?

ASAP is a state-wide service for people 15 years and over, who have attempted suicide and are not receiving ongoing [public] MHS Case Management. ASAP is also for friends and family members who are supporting someone who has attempted suicide.

## What is the minimum level of qualification Anglicare employees require to do this work?

Anglicare requires clinicians working in the ASAP service to hold tertiary level qualifications (generally in Allied Health e.g. Social Work, Psychology etc.).

## Do Anglicare clinicians receive specific training in suicide intervention?

Anglicare requires ASAP clinicians to undergo training through the Australian Institute for Suicide Research and Prevention (Griffith University) and become licenced to use the Screening Tool for Assessing Risk of Suicide (STARS) protocol. STARS is a comprehensive risk and psychosocial assessment tool developed by Australia's leading experts in suicide intervention and research (Hawgood and De Leo, 2015) and is recommended by the RACGP.

Anglicare also provides Applied Suicide Intervention Skills Training (ASIST) to clinicians working in suicide intervention and other related services. ASIST is an evidence based training developed by Livingworks, Canada.

## Do Anglicare clinicians receive ongoing clinical oversight?

Anglicare has strong risk management and clinical governance processes. This includes ongoing clinical supervision and case review to ensure clinicians are delivering the highest quality of care to our clients.

## Is Anglicare's model of care based on evidence?

Anglicare's service model is based on the best current evidence for care following a suicide attempt (Black Dog Institute, 2018).

The service provides immediate and assertive follow-up (within 48 hours of receiving referral) following discharge from emergency departments and other acute settings - including GPs. It provides psychosocial support

to patients aged 15 years and over who have made an intentional attempt to end their life and who are not eligible to receive ongoing case management from Mental Health Services (public). The service also offers support to the person's family, friends and/or other key supports.

Clinicians provide ongoing risk assessment and planning with patients, as well as encouragement and motivation to adhere to treatment.

Clinicians assist the patient to respond to any immediate needs and develop their problem-solving skills. They develop safety plans with the patient, in turn developing their capacity to respond in suicide crisis.

The service is free and confidential.

## Is the ASAP available state-wide?

ASAP is a state-wide service. Anglicare have offices in Hobart, Sorrell, Glenorchy, St Helens, Launceston, Devonport, Burnie and Zeehan.

Anglicare provides outreach services to other areas and staff also regularly visit the Bass Straight Islands and Central Highlands.

## How can I make a referral?

Referrals can be made securely by **Fax: (03) 6333 3010**

Referral templates can be downloaded directly into Medical Director or Best Practice by following the instructions on the Primary Health Tasmania website (simply type 'ASAP' in the search box).

## Alternatively, phone or email directly

Anglicare Customer Engagement Specialists

**1800 243 232 or [connectsupport@anglicare-tas.org.au](mailto:connectsupport@anglicare-tas.org.au)**

Patients can not self-refer.

## Will I receive feedback on my patients' progress?

As appropriate, our clinicians will provide an initial summary report outlining any assessments and planned interventions. Upon discharge, clinicians will provide a report stating outcomes, future management plans, recommendations/requests for GP follow up (if applicable). Our reporting template follows the ISBAR method.

ASAP clinicians are also happy and available to discuss any pertinent issues over the phone.

## Can I contact Anglicare for further information before referring?

For further information contact our Customer Engagement Specialists directly on: **1800 243 232** to discuss your patients' needs in more detail and find a service that is right for them.

## How is the service funded?

The ASAP service is funded by the Tasmanian Government's Department of Health.

## Do Anglicare offer other services?

### Anglicare offer a range of services including:

NDIS, Mental Health and Attempted Suicide Aftercare, AOD, Housing support, Financial Counselling, support for Families, Disability, Aged Care and Home Care and many others.



**Anglicare**TAS

*Choice, support and hope*

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