

## WHAT DOES BUILDING BLOCKS DO?

### WHO ORGANISES THE SESSIONS?

The Project Coordinator with the help of volunteers and support workers.

#### The Project Coordinator:

Holds early childhood qualifications

has extensive experience in working with families with children from birth to five years of age.

All educators have safety checks

### WHY ATTEND?

It's Free & Fun!

It is a chance for adults to meet other parents/guardians/carers.

It is a time for children to play with others and different toys.

It provides access to toys, books, handouts and other educational resources.

Morning tea, sunscreen and art consumables are provided.

Building Blocks is funded by: Department of Social Service

And Proudly Support by

**Hub4Health**

5 Portland Crt, St Helens

St Marys Outreach Office, Main Rd St Marys (next to Op Shop and behind town hall)

[www.hub4health.org.au](http://www.hub4health.org.au)



For more information and to share ideas or suggestions

Please call Tanya  
0400 002 116

email: [tanya.greenwood@hub4health.org.au](mailto:tanya.greenwood@hub4health.org.au)

Or check out our Facebook page "Tanya build blocks" and look for the logo



*A free service that travels across the communities of Break O'Day, Dorset and the Bicheno / Coles Bay o support families with children from birth to eight years of age,*

**Hub4Health**  
Inc  
Connections start here

We hope to see you at a session soon!

## WHAT HAPPENS AT A BUILDING BLOCKS SESSION

### At Building Blocks we provide:

**A space for learning-** Safe equipment/resources for children aged 0-5 years to play with under the supervision of their parents/guardian/carers.

**Interaction** – families playing with their child, children playing together developing new skills and knowledge, taking new challenges, taking risks in all areas of development (thinking, physical skills, emotional, social, language)

**Community connections**— we visit communities using halls, parks and play spaces to bring people together

**Positive environments**— Families using materials in a respectful and caring manner and exploring materials and resources for play based learning .

**Communication**— stories and. Songs to share and ideas for simple activities to do at home with your child/ren/

**Support** - Access to information and support relating to early childhood issues and being a parent/carer through discussion, handouts and/or lending library items.

### What kind of sessions are offered?

**Play & learn sessions** Are in local parks and community buildings or local schools  
Sessions usually run in the mornings—check flyers or website for more details <http://www.hub4health.org.au>

**One to one support** for families who need assistance, but are unable to leave their homes, or families that are unable to travel. Please call and make an appointment or see Tanya at a session.

**Parenting Support Workshops**—  
123 Magic (Behaviour Guidance),  
Brining up Great Kids, Food and  
Nutrition Programs



### What to bring?

**A spare change of clothes** in case of accidents or messy fun (water and mud play).

**Spare nappies** An area for nappy changing is provided.

**A sun hat in summer** for outside time and a **jack-et/coat, warm hat and boots** for outside time in winter.

### What not to bring?

Special toys or comforters to avoid loss or damage.  
Sick children are better cared for at home.

### What to do when you attend?

**Sign In** – This is for safety purposes and used to regain project funding.

**Complete a registration form** so staff are aware of allergies/medical conditions and your wishes regarding the taking of photographs and borrowing items.

If you choose to bring your own snacks please **avoid eggs and nuts** which may cause other children to have allergic reactions.

Building Blocks program **does not provide supervised child care**, supervision is the responsibility of the parent/carer.

**Be prepared for mess** and dress your children appropriately, paint and glue are enjoyable, play clothes are recommended.

Children are able to move freely between the indoor and outdoor environment to explore materials so please **supervise** children as they are on the move.

**Enjoy** a cup of tea or coffee but do so, out of the reach of children. Children's safety is our key concern!

**Help clean and pack up** at the end of the session

