

# Family Mental Health Support Service

Early Intervention for Children



Children can sometimes find it hard to manage when there is change in their lives.

Early Intervention can support children and young people who are at risk of experiencing mental illness.

Call to find out more

1800 819 447

*find us in*

LAUNCESTON  
201 York Street



# Family Mental Health Support Service

## Early Intervention for Children

Early Intervention is free, child-focused support for children and young people to:

- ✓ help identify their own strengths,
- ✓ help develop skills to manage difficult situations,
- ✓ manage emotions,
- ✓ build resilience.

Our support includes:

- ✓ group programs for children,
- ✓ individual support at home, school or in a community setting,
- ✓ parenting programs,
- ✓ a whole family approach.

Available for children and young people up to 18 years of age who live in the Launceston area and who may be at risk of developing mental illness.

Call 1800 819 447

to self-refer

or access through professional referral



CatholicCare is committed to safeguarding children and young persons in all programs, activities and recruitment.

