

**The services provided by
the Mental Health Nurse
include:**

- Mental Health assessment and monitoring
- Risk management
- Medication management and support
- Recovery based interventions, e.g. CBT, motivational interviewing, mindfulness
- Psycho-education
- Managing substance misuse
- Case-management
- Referrals to other services and programs (as required).



Richmond Fellowship Tasmania has been providing services for people with mental illness for over 35 years. Our staff are trained in and committed to person-centred care and recovery.

Richmond Fellowship Tasmania is a not for profit organisation fully accredited against ISO 9001-2016 and is a registered charity with the Australian Charities and Not-for-profits Commission. Richmond Fellowship Tasmania is working towards accreditation against the National Standards for Mental Health Services.

This program is supported by funding from Primary Health Tasmania through the Australian Government's PHN Program.

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Mental Health Nurse Program



What is the Mental Health Nurse Program?

The Mental Health Nurse Program (MHNP) provides clinical care and treatment services for adults with severe and complex mental illness.

Mental Health Nurses employed in the program work with people and their General Practitioner (GP) to provide these services.

Our nurses are registered with the Australian Health Practitioner Regulation Agency (AHPRA) and are members of The Australian College of Mental Health Nurses (ACMHN).

Our nurses are credentialed or working towards credentialing with the ACMHN.

Our team has many years' experience in the profession dealing with a wide range of complex mental health issues.

Who is the program for?

The program is designed for adults 18 and over with severe and complex mental health illness, who live in southern Tasmania

What does the program do and what are the benefits?

The MHNP provides eligible people with access to Mental Health Nurse support in their community.

Mental health nursing is a specialised branch of nursing with a focus on the care of people with mental illness.

Mental Health Nurses work with people in many different ways to manage their illness and to work towards their recovery goals.

Mental Health Nurses work together with people's families and other professionals to provide high quality care and support.

Supports people to better understand and manage their own mental health challenges.

How does the program work and how can people access it?

Access to the program is with a GP referral and Mental Health Treatment Plan. The referral can also come from a Psychiatrist.

Once we have the referral, one of our Mental Health Nurses will call to arrange the first appointment.

The referring GP or Psychiatrist and the Mental Health Nurse will work together to provide support and information.

The service is community based and mobile – we are able to meet people in their own communities, at home or in a location of their choice.

Contact

Phone: (03) 6228 3344

Email: referrals@richmond tas.com.au

Web: rft.org.au

