### How do I access and contact Hospice?

A referral can be made by you, your family/friends or your GP by phone, email or via the website.

### **OPENING HOURS:**

Monday to Friday, 8:30am - 4:00pm

OFFICE POSTAL ADDRESS

Level 3

"Parkside"

Strahan Street

South Burnie

PO Box 3256 MDC South Burnie 7320

7320

T: 03 6477 7747 M: 0418 127 590



Email: hospice.burnie@ths.tas.gov.au Website: hospicecarenw.org.au





Where quality care matters most.

Hospice Care Association of North West Tasmania Inc.

HOSPICE CARE



Our Volunteers support people living with a life limiting illness, on the North West Coast of Tasmania.

### What is Hospice?

Hospice is a Not-For-Profit, Non-Government organisation which has provided in-home respite and transport to treatment or appointments since 1989.

Our Hospice Volunteers support people living with a life limiting illness, enabling them to maintain a dignified lifestyle in the environment of their choice.

#### Who can access Hospice?

Any person living with a progressive lifelimiting illness; examples but not limited to: Dementia, Progressive Cancer, COPD.

### **Our Volunteers Provide**

- Companionship visits
- Respite visits for Carers, helping to reduce caregiver stress
- Transport to medical appointments

### Walking Through Grief Program

A walking group offering mutual support for people who are experiencing grief through the death of a family member or friend from a life limiting illness.

# A Life Remembered - Biography Program

Our biography program allows clients to share and record their life story as they near the end of their life.

## What does a Hospice Volunteer look like?

Volunteers come from all walks of life! We look for people with:

- Great listening skills
- A warmth and empathy towards people
- Reliability and Flexibility
- A quiet presence
- Emotional Maturity
- A Sense of Humour
- A non-judgemental attitude
- Strong discretionary skills and a respect for confidentiality and privacy
- An acceptance of diversity

Please contact us if you would like to become one of our Volunteers.

# **Questions?**

### How much does the service cost?

There is NO cost involved for visits, however donations are accepted and welcomed. There is a small cost for out of area transport.

# Can I still get my other in-home help?

Absolutely! Hospice sits alongside other services.

#### What if I don't feel well enough?

Our Volunteers understand this, they do not need to be entertained, they will just be there for you.