

Circular Head Community Connection Guide



INTRODUCTION

This Community Connection Guide was created by Circular Head Council in partnership with Stronger Together in Circular Head.

Printed copies were funded by the Healthy Tasmanian Fund through the Tasmanian Government. The guide is designed to assist community members to quickly locate important services and find ways to connect through local groups, clubs and organisations.

Every effort has been made to ensure all organisations are included and information is correct and up to date at the time of printing.

A copy of this guide will be updated regularly and available on the Circular Head Council website. Information can be added to the directory by contacting Circular Head Council on 6452 4800 or council@circularhead.tas.gov.au.



CIRCULAR HEAD COUNCIL

www.circularhead.tas.gov.au

Council Offices

33 Goldie Street, Smithton - PO Box 348, Smithton, Tas 7330

Phone: (03) 6452 4800

Email: council@circularhead.tas.gov.au

White Hills Waste Transfer Station: (03) 6452 4896

Circular Head Resale Shop: (03) 6409 4015

Council Offices are open to the public for limited hours from 9am to 4pm. Normal business hours remain 8.15am to 5pm and the Customer Service team can be contacted by phone, post, via our website or email. Appointments can be made to meet with staff during business hours.



Need help turning information or a conversation into another language? Download the free app, Google Translate.



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24/7 HELP

TRIPLE ZERO

000 - For use in life threatening or critical emergencies

Smithton Police Station

22 Smith Street, Smithton Non-Emergency Phone Number 131 444

Smithton District Hospital - Emergency Department

74 Brittons Rd, Smithton 6478 9520

Beyond Blue

1300 224 636 Chat to a counsellor online www.beyondblue.org.au

Lifeline

13 11 14

Text: 0477 13 11 14 lifeline.org.au

Family Violence Support

1800 RESPECT - 1800 737 732

Kids Helpline

1800 551 800

Access Mental Health Helpline (Department of Health, Tas)

1800 332 388

Suicide Call Back Service

1300 659 467

suicidecallbackservice.org.au

CRISIS SUPPORT

A Tasmanian Lifeline

Phone: 1800 984 434

Book a call back at https://atasmanianlifeline.com.au

8.00am - 8.00pm every day of the year

Laurel House Sexual Assault Support Service

Phone: 1800 697 877 (24/7 support)

Phone: 6431 9711

Mental Health Helpline

Phone: 1300 111 500

SANE Australia Helpline Phone: 1800 18 SANE (7263)

Website: www.sane.org

Standby Support After Suicide

Phone: 1300 727 247

Email: standbytasmania@lifelinetasmania.org.au

Website: http://Standbysupport.com.au

Stronger Together in Circular Head

Phone: 0475 750 241

Email: stich.7330@gmail.com

Facebook: <u>www.facebook.com/strongertogetherch</u>
Volunteer community group offering short term support

St Vincent De Paul - Vinnies Community Hub Smithton

Address: 132 Nelson Street, Smithton

Phone: 6435 2323

Website: http://vinniestas.org.au

*See full listing on page 8 for more information

Wyndarra Centre Inc

Address: 43 Smith Street. Smithton

Phone: 6452 2722

Email: info@wyndarra.org.au
Website: http://wyndarra.org.au

On-call service, emergency relief, personal and family counselling

ABORIGINAL SERVICES

Circular Head Aboriginal Corporation (CHAC)

Reception - Main Building Address: 10 King Street, Smithton

Phone: 6452 1287

Email: reception@chac.com.au

Website: http://chac.com.au/programs-and-services

Programs: Indigenous Australians health program - New Directions Maternal Support and Outreach Program, Children and Schooling Smart Strong and Proud, Early Childhood program, Youth Mental Health and Family Violence, Learner Driver Mentor Program, Integrated Family

Support Services

Memberships:

Email: membership@chac.com.au

Oakleigh House Services

Address: 20 King Street, Smithton

Services: Home and Community Care, Aged Care Packages, National Disability Insurance Scheme (NDIS) Teams, Social Emotional Wellbeing, Community lunches, activities, and training opportunities

Programs: Culture program, Justice program - Prisoner Rehabilitation Post Release, Alcohol and Other Drug Support Program - Community Connections Drug and Alcohol Education and Counselling, Youth Prevention Diversion Program

Trawmanna

Address: 73 Mella Road, Smithton

Programs: Community Garden, Men's health and wellbeing program, Women's health and

wellbeing program, Social and emotional wellbeing groups, Cultural activities

CHAC Health Centre

Address: 165 Nelson St (Corner of King St), Smithton

Phone: 6415 4722

Email: Health@chac.com.au

Healthcare services for Aboriginal and Torres Strait Islanders as well as non-ATSI people. ATSI funded services: Chronic disease management programs – Indigenous Australian's Health

Programme, and Integrated Team Care, Psychology

Dietetics, Speech Pathology, Exercise Physiology, Footcare, Dermatology, Respiratory and Allergy

Testing (4 to 16 years)

Brumby Hill Aboriginal Corporation

Address: Room 68, 134-140 Nelson Street, Smithton

Phone: 6724 3107

Email: graeme.heald@brumbyhill.com.au, leonie.holland@brumbyhill.com.au

Website: http://brumbvhill.com.au

Holistic services to meet the employment needs of Indigenous people in Tasmania

COMMUNITY SERVICES

26Ten - Learn for Life

Address: 134-140 Nelson Street Smithton (the library building)

Phone: 0498 746 605

Email: kgrey@circularhead.tas.gov.au

Literacy and numeracy project assisting people over 17 with reading, writing, math or digital skills

Circular Head Aboriginal Corporation

Address: 10 King Street, Smithton

Phone: 6452 1287

Email: reception@chac.com.au *For full listing see 'Aboriginal Services'

Community Transport Services Tasmania Inc. (CTST)

Phone: 1800 781 033 Email: info@ctst.org.au

Volunteer enquiries: peopleandcapability@ctst.org.au

Website: http://www.ctst.org.au

Emmerton Park Aged Care

Address: 2-12 Senior Drive, Smithton

Phone: 6452 9400

Email: admin@emmertonpark.com.au **Website:** www.Emmertonpark.com.au

Laurel House Sexual Assault Support Services

Phone: 1800 6979 877

 ${\sf FREE}\ counselling\ and\ support\ to\ anyone\ impacted\ by\ sexual\ violence\ -All\ ages,\ all\ genders,\ and$

all sexualities

Support is provided whether it is a recent event or something that happened a long time ago Support for family members, services providers and health professionals responding to disclosures of sexual harm. Outreach visits to Smithton, at our Burnie office, or online

Meals on Wheels

Phone: 1800 696 325

Email: smithton@mowtas.org.au
Website: http://mowtas.org.au

Ochre Medical Centre Smithton

Address: 14 King Street, Smithton

Phone: 6452 2555 - In an emergency, please call 000 **Facebook:** www.facebook.com/OMCSmithton

Monday - Friday: 8.30am - 5.00pm.

Rural Alive & Well (RAW)

Phone: 1800 RAW TAS (1800 729 827) **Website:** http://rawtas.com.au

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COMMUNITY SERVICES

Rural Health Tasmania

Address: 68 Emmett Street, Smithton, 7330

Phone: 6452 1266

Hours: Monday to Friday: 9.00am - 5.00pm **Website:** www.ruralhealthtas.com.au **Facebook:** www.facebook.com/ruralhealthtas

Health and well-being organisation that offers free health services. Access to registered nurses, social workers, mental health clinicians and youth workers, chronic conditions management

In-house programs or referrals to other services

Community House at Wedge Street, health and well-being library, HIPPY (Home Interaction

Program for Parents and Youngsters) and Seven Up Youth Centre

Smithton District Hospital

Address: 74 Brittons Road, Smithton

Phone: 6478 9520

24hr service providing inpatient care, outpatient care including Midwifery clinics and emergency

first response care

Co-located services are Ochre Health on call GP, school dental service and child health (CHaPS).

Community Services include nursing, personal care, home care and foot care

Visiting services include physiotherapy, podiatry, Eyelines, mental health, peri-natal mental health, Ian Parsons audiology, Bloom Hearing, Employment Plus, Wise Employment and National Job Link

Smithton Library

Address: 134-140 Nelson Street, Smithton

Phone: 6478 9574

Email: <u>smithton.library@libraries.tas.gov.au</u> **Facebook:** <u>www.facebook.com/SmithtonLibrary</u>

Thursdays 11.00am - Rock and Rhyme interactive session for babies and toddlers Tuesdays 1.30pm – Digital Skills. Bring your own device, iPad, phone or tablet

Mondays 3.30pm - 4.30pm LEGO Club. Ignite your creativity and take your building skills to new

heights

Women's Legal Service Tasmania

Phone: 1800 682 468 to make an appointment with a lawyer

Website: https://womenslegaltas.org.au/

Comprehensive legal advice and support to women who are experiencing, or have experienced,

family violence

COMMUNITY SERVICES

St Vincent De Paul - Vinnies Community Hub Smithton

Address: 132 Nelson Street, Smithton

Phone: 6435 2323

Website: www.vinnies.org.au/

Support and advice through emergency relief food hampers, food and fuel vouchers, financial budgeting, No Interest Loan Scheme (NILS) applications, resources, advocacy and referral to

other providers

Vinnies Community Hubs also provide a welcoming space free of charge for community organisations, service providers and not-for profit organisations to engage with the community

Dining With Friends

Free 3 course meal – Every second Tuesday

Community Food Hub

Monday, Wednesday, and Friday 12.00pm - 2.00pm

Vinnies Food Van

Mondays 5.30pm - 5.55pm, Community House - Wedge Street, Smithton Wednesdays 6.00pm - 6.30pm, Corner of Nelson and David Street, Smithton

Treasure Chest

Address: 59 Emmett St, Smithton

Phone: 6402 8810

Facebook: www.facebook.com/TreasureChestSmithton

Second hand shop and not for profit charity, emergency food relief

Wyndarra Centre Inc

Address: 43 Smith Street, Smithton

Phone: 6452 2722

Email: info@wyndarra.org.au/
Website: www.wvndarra.org.au/

On-call service, emergency relief, personal and family counselling, Home and Community Care, Commonwealth Home Support Program, volunteer program, needle supply program, specialist homelessness services, Wyndarra support service, registered NDIS provider, Christmas hampers

Youth Arch Mental Health Program

Phone: 6432 5903 / 0477 216 699 **Email:** lynne.pearce@lwb.org.au

Mental health support for young people aged 12 to 18

EARLY CHILDHOOD EDUCATION AND CARE SERVICES

Coastal Family Day Care

Phone: 6435 3322

Home day care centers located in Smithton

Giggles Early Learning

Address: 19 Smith Street, Smithton

Phone: 6452 1150

Email: gigglesearlylearning@gmail.com

Facebook: www.facebook.com/wooldrage.gigglesearlylearning/about

Website: https://gigglesearlylearni.wixsite.com/giggles

Star Early Learning

Address: 1 Margaret Street, Smithton

Phone: 6452 2626

Email: admin@chccc.com.au / director@chccc.com.au

Website: www.chccc.com.au

Long daycare, before and after school care and vacation care

CHILD AND YOUTH SERVICES

Brave

Phone: 0499 576 736

Email: info@bravefoundation.org.au **Website:** http://bravefoundation.org.au

Support for expecting and parenting teens and young Australians

Child Health and Parenting Service and Child and Family Health Nurse

Address: 74 Brittons Rd, Smithton **Phone:** 6478 9533 / 1300 064 544

Circular Head Aboriginal Corporation (CHAC)

New Directions

Address: 20 King Street, Smithton **Phone:** 6452 1287 / 0407 929 666

Facebook: www.facebook.com/NewDirectionsCHAC

Mums and Bubs group and maternal health

Early Childhood Inclusion Service

Address: 134-140 Nelson Street, Smithton

Phone: 6430 4200

Family Engagement Worker

Address: 134-140 Nelson Street, Smithton

Phone: 0409 656 428

Email: joanne.williams@decyp.tas.gov.au

Oral Health Services

Address: 74 Brittons Rd, Smithton Phone: 6452 4687 / 1300 011 013 Monday / Tuesday / Thursday

GROUPS AND PROGRAMS

247 Youth Group - CH Anglican Church

Address: 94a Emmett St, Smithton Phone: 0435 075 180 / 0490 033 130 Facebook: www.facebook.com/MontaguCC

Combined Churches youth ministry for youth in grades 5 to 12

Friday nights, 7.00pm -9.00pm in school terms

Circular Head Aboriginal Corporation (CHAC)

Children and Schooling - Smart, Strong and Proud - Early Childhood Program

Address: 10 King Street, Smithton

Phone: 6452 1287

Play group, Play Life and Play Gym

Youth Prevention Diversion Program

The Youth Justice Program provides ongoing trauma informed support for Youth (aged 10 to 24) at risk of offending or entering the criminal justice system

Programs to assist youth ages 12 to 24 with school disengagement, transition to education, mentoring, education support and assistance with employment

Circular Head Youth Leaders (CHYL)

Phone: 6452 4858

Email: chyl@circularhead.tas.gov.au

Website: http://circularhead.tas.gov.au/community-and-recreation/youth

Facebook: www.facebook.com/CHYouth

Instagram: www.instagram.com/circular_head_youth

Youth advisory group to Council for young people aged 12 to 24

Meet new people, learn new skills, organise youth events, volunteer in the community,

leadership, and other training opportunities

Circular Head Youth Advisory Council (CHYAC)

Phone: 6452 4858

Email: chyl@circularhead.tas.gov.au

Website: http://circularhead.tas.gov.au/youth Facebook: www.facebook.com/CHYouth

Instagram: www.instagram.com/circular_head_youth

Youth advisory group to Council for young people aged 18 to 25

Riverbend Youth Centre (camps)

Address: 358 Trowutta Rd, Scotchtown

Phone: 6452 1635

Email: admin@riverbend.org.au Website: http://riverbend.org.au

School holiday camps for grades 3 to 7 and a long weekend Youth camp. Accommodates up to

150 people and caters for all types of camps and conferences

Seven Up Youth Centre

Phone: 6452 1266

Email: reception@ruralhealthtas.com.au

Facebook: <u>www.facebook.com/sevenupsmithton</u> **Instagram:** <u>www.instagram.com/sevenupsmithton</u>
Monday, Wednesday and Thursday 3.00pm - 5.00pm

Activities include cooking, 8 ball, table tennis, board games, card games, PS4, XBOX, internet

access, basketball, musical instruments and more

SIXOH Youth-Dreambuilders Church Smithton

Address: 31 Brittons Road, Smithton

Phone: 0457 911 292

Email: sixohsmithton@dreambuilders.church

Website: http://dreambuilders.church/smithton/youth--35

Facebook: www.facebook.com/sixohsmithton/

Instagram: @sixohsmithton

For youth in Year 6 up to young adults

Smithton Girl Guides

Address: Smithton Girl Guide Hall, Park Lane, Smithton

Phone: 0427 521 752

Email: Smithton@guidestas.org.au

Facebook: www.facebook.com/profile.php?id=100071218041768

Smithton Scouts

Address: 22 East Esplanade, Smithton **Phone:** 0417 560 660 (Shaun)

Email: cassikingston@gmail.com

Facebook: search Smithton Cubs, Scouts, Venturers and Joeys

Stanley Boys Rally (at Riverbend)

Address: 358 Trowutta Road, Scotchtown

Phone: 0417 581 419 (Robbie)

SCHOOLS AND PLAYGROUPS

All primary schools host a playgroup during school terms Contact individual schools for playgroup times

Early Childhood Program (Circular Head Aboriginal Corporation)

Address: 33A King St, Smithton (Anzac Park Playrooms)

Phone: 6452 1287

Email: chac.reception@chac.com.au **Facebook:** www.facebook.com/ECPchac

Circular Head Christian School

Address: 48 Nelson St, Smithton

Phone: 6452 2379

Email: admin@chcs.tas.edu.au Website: www.chcs.tas.edu.au

Edith Creek Primary School

Address: 1282 Trowutta Road, Edith Creek

Phone: 6456 4192

Email: edith.creek.primary@decyp.tas.gov.au

Website: https://edithcreekprimary.education.tas.edu.au

Forest Primary School

Address: 422 Mengha Road, Forest

Phone: 6458 3141

Email: forest.primary@decyp.tas.gov.au

Website: https://forestprimary.education.tas.edu.au

HIPPY (Home Interaction Program for Parents and Youngsters)

Address: 27 King Street, Smithton

Phone: 6452 1266

HIPPY is a free two-year early learning program for 3 to 4 year olds

Redpa Primary School

Address: 68 Comeback Road, Redpa

Phone: 6457 1292

Email: redpa.primary@decyp.tas.gov.au

Website: https://redpaprimary.education.tas.edu.au

Smithton Primary School

Address: 27-43 Grant Street, Smithton

Phone: 6452 1955

Email: smithton.primary@decyp.tas.gov.au

Website: https://smithtonprimary.education.tas.edu.au

Smithton High School

Address: Mill Road, Smithton

Phone: 6452 9222

Email: smithton.high@decyp.tas.gov.au

Website: https://smithtonhigh.education.tas.edu.au

St Peter Chanel

Address: 1 Sampson Avenue, Smithton

Phone: 6452 1431

Email: spc@catholic.tas.edu.au

Website: www.stpeterchanel.tas.edu.au.

Smithton Library

Address: 134-140 Nelson Street, Smithton

Phone: 6478 9574

Email: smithton.library@libraries.tas.gov.au

*Please see full listing on page 7

Stanley Primary School

Address: 28 Pearse Street, Stanley

Phone: 6458 1141

Email: stanley.primary@decyp.tas.gov.au

Website: https://stanleyprimary.education.tas.edu.au

SCHOOL HOLIDAY PROGRAMS

Circular Head Council

Address: 33 Goldie Street, Smithton

Phone: 6452 4800

Website: www.circularhead.tas.gov.au

School holiday programs for students in grade 7 to 12

CHURCHES

Circular Head Anglican Church

Address: 94a Emmett Street, Smithton

Phone: 0435 075 180 (Joel)
Email: joel@circularheadanglican.org

Website: http://circularheadanglican.org/

Facebook: www.facebook.com/circularheadanglican

Service: Sunday 11.00am

Dreambuilders Church

Address: 31 Brittons Road, Smithton

Phone: 0408 307 634 (Pastor Matt Nuske and Sharon Nuske)

Email: <u>smithton@dreambuilders.church</u> **Website:** www.dreambuilders.church

Facebook: www.facebook.com/dreambuilderssmithton

Harvest Church Circular Head

Address: 51 Havelock Street, Smithton

Phone: 0487 391 698

Email: <u>harvestchurch@gmail.com</u> **Website:** www.harvestchurch.net.au

Facebook: www.facebook.com/gatewaychurchcircularhead

Service: Sunday 10.30am

Montagu Community Church

Address: 8 Wilsons Road, Montagu

Phone: 0427 793 426

Email: montagucc@gmail.com

Services: Sunday Worship 10.30am, Sunday School 11.30am, Youth group Fridays 7.00pm

Our Star of the Sea Catholic Church

Address: 8 Marshall Street. Stanley

Phone: 6452 1251

Rocky Cape Family Church

Address: 19074 Bass Highway (Rocky Cape Community Hall)

Phone: 6443 4124 / 0427 434 124 (Vicki)

St Peter Chanel Catholic Church

Address: 1 Sampson Avenue, Smithton

Phone: 6452 1431 / 6452 1251 **Email:** spc@catholic.tas.edu.au

CHURCHES

Seventh-Day Adventist Church

Address: 44 Gibson Street, Smithton Phone: 0408 560 125 / 0448 322 660 Email: benjaminlowe@adventist.org.au Website: http://smithton.adventist.org.au

Service: Saturday 9.30am Bible Study, 11.00am Church Service

Smithton Baptist Church

Address: Gardner Ave, Smithton (Seniors Centre)

Phone: 6456 4194 **Service:** Sunday 10.30am

Smithton Christian Fellowship

Address: 126-128 Nelson Street, Smithton

Phone: 0459 096 778 (Charles) / 0401 325 175 (Kylie)

Stanley Community Christian Church

Address: 3 Marshall Street, Stanley

Phone: 6458 1310 **Service:** Sunday 11.00am

Stanley Presbyterian Church

Address: 6 Fletcher Street, Stanley **Phone:** 0419 726 932 (Marie Bruce)

COMMUNITY INTEREST GROUPS

ARTS AND CRAFTS

Creatively Curious

Phone: 0458 594 943 (Fran) or by Facebook Messenger

Crystal Theatre Film Society Address: 10 Church Street. Stanley

Phone: 0455 550 001 (Trisch)

For film lovers interested in viewing and discussing films across all genres. Films screened in the

Stanley Town Hall on the last Friday of each month

Hearts and Crafts/Hearts 'n' Crafts Stanley

Address: 10 Church Street, Stanley

Phone: 0407 540 290 Community run craft store

The Arty Duck

Address: 30 Smith Street, Smithton

Phone: 0439 317 561

Email: theartyduck@gmail.com

A centre for artists and makers to showcase and sell homemade items

New members welcome

Monday to Friday 10.00am to 4.00pm, Saturday 10.00am to 1.00pm

Town and Country Patchwork Quilters

Phone: 0476 520 725 (Lynne) / 0419 534 865 (Gillian)

10.30am, first Saturday of the month at Emmerton Park Clubhouse

CULTURE AND HERITAGE

Circular Head Aboriginal Corporation (CHAC)

Address: 10 King Street, Smithton

Phone: 6452 1287

Email: reception@chac.com.au

Culture and Capability program. Workshops include food gathering, cultural camps, bark painting, rock painting, basket weaving, art, dance and personal development skills

*For full listing please refer to 'Aboriginal Services'

Circular Head Heritage Centre

Address: 12 Nelson Street, Smithton **Phone:** 0448 577 498 (Elayne Blake)

Email: info@circularheadheritagecentre.com.au / duckriver@bigpond.com

Website: http://Circularheadheritagecentre.com.au

COMMUNITY INTEREST GROUPS

Joseph Lyons Cottage Stanley

Address: 14 Alexander Terrace, Stanley **Phone:** 0458 315 338 or 0407 327 899

Facebook: www.facebook.com/joelyonscottage/

The 1879 birth place of Tasmanian Premier and Australian Prime Minister

Stanley Discovery Museum

Address: 37-39 Church Street, Stanley

Phone: 0428 581 285 / 0458 315 338 / 0407 576 694 **Email:** stanleydiscoverymuseum@gmail.com

Facebook: www.facebook.com/StanleyDiscoveryMuseum Volunteer run museum showcasing Stanley's unique history.

Open 6 days per week (Monday - Saturday) volunteer dependent. Open by appointment

GARDENING

Circular Head Garden Club Inc.

Phone: 0427 561 374 (Lynne)
Email: gardenclub.ch@gmail.com

Facebook: search Circular Head Garden Club Inc

Smithton Sustainable Living Hub (SSLH)

Address: 157 Nelson Street, Smithton

Email: sslhgcc@gmail.com

Facebook: www.facebook.com/smithtonsustainablelivinghub

Demonstration garden, inclusive space that encourages social interaction within the community

MEN'S GROUPS

Circular Head Men's Shed

Address: 151 Nelson Street, Smithton

Phone: 0402 603 496

Email: info@mensshedcircularhead.org

Facebook: www.facebook.com/CircularHeadMensShed

Wednesday and Friday 9.20am to 2.00pm. Other times by arrangement

Circular Head Aboriginal Corporation (CHAC)

Men's Wellbeing Program

Address: Trawmanna, 73 Mella Road, Smithton

Phone: 6452 1287

Email: reception@chac.com.au

*For full listing please refer to 'Aboriginal Services'

DISABILITY SUPPORT - NDIS

Circular Head Aboriginal Corporation (CHAC)

Address: 10 King Street, Smithton

Phone: 6452 1287

*Please see full listing on page 5

Wyndarra Centre Inc

Address: 43 Smith Street, Smithton

Phone: 6452 2722

Email: <u>info@wyndarra.org.au</u> *Please see full listing on page 8

Mission Australia PiTC NDIS

Phone: 6420 6850

Email: ndispitc.missionaustralia.northwesttasmania@ndis.gov.au

Website: NDIS Local Area Coordination - NW Tasmania

Assistance with community connections, early childhood early intervention (birth to 9) family

support

Multicap Tasmania

Address: 70 Havelock Street, Smithton **Phone:** 6433 5000 / 0488 353 817

Email: tahneah.mcpherson@multicap.com.au / enquiries@multicap.com.au

Registered NDIS service provider operating in Smithton. Individual and group supports, respite and community access for children and adults living with disability throughout the Circular Head

region

EDUCATION & TRAINING

Circular Head Trade Training Centre - Southside Campus

Address: 13 Montagu Road, Smithton

Phone: 6452 9288

Email: sharalyn.walters@decyp.tas.gov.au

Circular Head Trade Training Centre - ACCESS at CHCS

Address: 48 Nelson Street, Smithton

Phone: 6452 2379

Email: access@chcs.tas.edu.au

Study Centre Circular Head

Address: 12 Nelson Street, Smithton

Phone: 0499 173 118

Email: <u>students@studycentrech.com.au</u> **Website:** <u>http://studycentrech.com.au</u>

ATHLETICS

Circular Head Little Athletics

Address: Smithton Recreation Ground (Havelock Street entrance) PO Box 188, Smithton

Phone: 0418 375 572

Email: circularheadlittleathletics@gmail.com

Website: http://taslittleathletics.com.au/circular-head-little-athletics-centre

Track and field events for children 5 to 15 years. Tiny tots program for 3 and 4 year olds

BADMINTON

Circular Head Badminton Association

Email: jodie.odgers@thinkwater.com.au

BASKETBALL

Smithton Saints Basketball Club

Address: 110 Nelson Street, Smithton **Website:** http://saintsbasketball.net

Facebook: www.facebook.com/Smithton.Basketball.Club

BOWLS

Smithton Bowls Club

Email: smithtonbowlsclub@gmail.com **Facebook:** search Smithton Bowls Club

Smithton Country Club

Address: 17 Mella Road, Smithton

Phone: 6452 2499

Email: enquiries@smithtoncountryclub.com.au **Website:** www.smithtoncountryclub.com.au

BOXING

Circular Head Boxing Club Inc.

Address: 48-52 Goldie Street, Smithton **Facebook:** www.facebook.com/chboxingclub

CRICKET

Competitions run from October to March

Circular Head Cricket Association

Address: Grant Street, Smithton
Email: chca.cricket@gmail.com
Website: www.chca.tas.cricket.com.au
Facebook: www.facebook.com/CHCA.cricket

Forest-Stanley Cricket Club (FSCC)

Phone: 0429 015 496 (Nic Bellinger) **Email:** info@foreststanleyfc.com.au

Facebook: www.facebook.com/foreststanley.cricketclub

Irishtown Cricket Club

Address: 595 Irishtown Road, Irishtown Phone: 6456 1314 or 0498 350 014 Email: johnboiswan@gmail.com

Website: http://irishtowncc.tas.cricket.com.au **Facebook:** www.facebook.com/SmithtonTas

Marrawah Cricket Club

Phone: 0418 581 921

Email: MarrawahCC@outlook.com

Website: http://marrawah.tas.cricket.com.au

Facebook: www.facebook.com/MarrawahCricketClub

Trowutta Combine Cricket Club (TCCC)

Address: 72 Nelson Street, Smithton **Email:** aaronmoles88@gmail.com

Facebook: www.facebook.com/Trowutta-Combine-Cricket-Club

DANCE

Inpulse Dance and Fitness

Address: 150a Nelson Street, Smithton

Phone: 0439 007 553 Email: athine@bigpond.com

Circular Head Line Dancing Club

Address: 11 East Esplanade, Smithton (Smithton Scout Hall)

Phone: 0429 695 427 (Heather Thompson)

Mondays 5.30pm - All ages and new members welcome

FOOTBALL

Circular Head Saints Football Club

Circular Head Saints are part of the North West Football League

Phone: 0427 559 103

Email: circularheadsaints@gmail.com

Facebook: www.facebook.com/CHSaintsFootball

Circular Head Football Association

CHFA is made up of 4 clubs from the Circular Head region: Forest Stanley, Irishtown, Redpa and

Scotchtown. Comp runs from April to September All teams field sides in Juniors, Reserves and Seniors

Email: chfootballassociation@gmail.com

Facebook: www.facebook.com/profile.php?id=100064820046130

Circular Head Football Umpires Association

Email: chfootballassociation@gmail.com

Forest Stanley Football Club

Home ground: Stanley Recreation Ground, Marine Esplanade, Stanley

Phone: 6458 1419

Email: <u>info@foreststanleyfc.com.au</u> **Website:** http://foreststanleyfc.com.au

Facebook: www.facebook.com/foreststanley.fc

Irishtown Football Club

Home ground: 602 Irishtown Road, Irishtown (Irishtown Community Centre)

Email: irishtownfc@gmail.com

Facebook: search Irishtown Football Club

Redpa Football Club

Home ground: 30 Comeback Road, Redpa

Phone: 0428 280 034 Email: redpafc@gmail.com

Facebook: search Redpa Football Club

Scotchtown Football Club

Homeground: 72-98 Nelson St, Smithton (Smithton Recreation Ground)

Address: PO Box 181, Smithton **Phone:** 0491 339 692 (Craig)

Email: <u>scotchtownfootballclub@outlook.com</u> **Facebook:** <u>www.facebook.com/Scotchtownfc</u>

GOLF

Smithton Country Club (golf, bowls and venue hire)

Address: 17 Mella Road, Smithton

Phone: 6452 2499

Email: enquiries@smithtoncountryclub.com.au **Website:** www.smithtoncountryclub.com.au

Facebook: www.facebook.com/smithtongolfandcountryclub

Stanley Golf Club

Address: 32 Marine Esplanade, Stanley

Phone: 6458 1395

Email: info@stanleygolfclub.com.au

Facebook: www.facebook.com/StanleyGolfClub

GYMS AND FITNESS FACILITIES

B'S Body Balance 24/7

Address: 36 Smith Street, Smithton

Phone: 0458 373 570

Facebook: search B's Body Balance

Dwayne Everett Fitness Training

Address: 150 Nelson Street, Smithton

Phone: 0427 245 456

Email: evn1eanne3@bigpond.com

Facebook: search Dwayne Everett Fitness Training

Scott Bryan Fitness and Personal Training

Address: 93 Nelson Street, Smithton

Phone: 0447 719 520

Email: scottbryanl@live.com.au

Facebook: www.facebook.com/ScottBryanFitness

Smithton Wellbeing Indoor Recreation and Leisure (SWIRL)

Address: 110-114 Nelson Street, Smithton

Phone: 6452 4890

Email: swirl@belgravialeisure.com.au Website: www.swirltas.com.au Facebook: www.facebook.com/swirltas

Six-lane 25-metre indoor swimming pool, a program pool and aquatic play area for the kids to

enjoy. Kiosk, group fitness classes and aqua aerobics programs

GYMNASTICS

Circular Head Gymnastics Club

Address: Mengha Road, Forest Email: chgymnasticsclub@gmail.com

HOCKEY

Circular Head Hockey Association is made up of four Clubs: Irishtown, Mustangs, Robins and

Tigers. Seasons run from March to September

Circular Head Hockey Association

Email: circularheadhockey@gmail.com

Irishtown Hockey Club

Phone: 0427 695 882 (Amanda)

Facebook: www.facebook.com/irishtown.hockeyclub
Facebook messenger: @irishtown.hockeyclub

Mustangs Hockey Club

Phone: 0429 997 791 (Ara)

Robins Hockey Club

Phone: 0409 006 297 (Leah)

Tigers Hockey Club

Phone: 0419 321 418 (Mel)

Email: miche11ehaywood284@gmail.com

Smithton Saints Hockey Club

Smithton Saints participate in the Greater Northern Hockey League (GNL)

Phone: 0427 656 955 (Joanie) **Email:** smithtonhockey@gmail.com

Facebook: www.facebook.com/Smithtonsaintshockeyclub

INDOOR BOWLS

Address: 19074 Bass Highway (Rocky Cape Community Hall) **Phone:** 0438 434 293 (Wendy) / 0429 407 381 (Leanne)

Monday nights from April through to September or October, for any age

Circular Head Indoor Bias Bowls Association

Email: ricskilton@hotmail.com

KARTING

Circular Head Kart Club

Phone: 0418 310 925 (Colleen) / 0438 079 793 (Stuart)

Email: stuart@wellswaggons.com

MOTOCROSS

Circular Head Motorcycle Club

Phone: 0438 571 395

Email: Justinairey@yahoo.com.au

Facebook: www.facebook.com/circularheadmc

NFTBALL

Circular Head Netball Association

Email: chnetballassociation@gmail.com

Facebook: search Circular Head Netball Association Group

PONY CLUB

Circular Head Pony Club

Address: 153 Montagu Road Smithton

Email: jenpoke67@gmail.com

TAEKWONDO

Shim Jang Taekwondo

Head Office: 0411 155 510
Email: info@shimjang.com
Website: www.shimjang.com

Shim Jang Taekwondo Tasmania is a non-competitive, self defence martial art style

Forest

Address: 422 Mengha Road, Forest Phone: 0474 775 764 (Breanna) Email: shimjang@westnet.com.au

Smithton

Address: 28 Montagu Road, Smithton **Phone:** 0408 301 053 (Alison)

Email: shimjang@westnet.com.au

TENNIS

Smithton Tennis Club

Address: Corner of Nelson Street and Havelock Street, P.O Box 804, Smithton, TAS 7330

Email: lozkorpa@gmail.com

Facebook: Search Smithton Tennis Club Group

Website: http://play.tennis.com.au/SmithtonTennisClub

WALKING

Circular Head Walking Club Inc.

Phone: 0427 749 994 (Michael) /0418 824 754 (Heather)

Email: chwcwalkabout@gmail.com

Facebook: www.facebook.com/chwcwalkabout

Circular Head Walk and Talk

Facebook: www.facebook.com/CHWalknTalk

A Heart Foundation registered weekly walking group

YOGA

Mellow Dharma Yoga

Email: alex@mellowdharma.com

Facebook: www.facebook.com/mellowdharma

Paraka Yoga

Address: 27 Church St, Stanley

Phone: 0428 144 439

Email: parakayoga@gmail.com

Facebook: www.facebook.com/circularheadyoga/about

Gentle Vinyasa Yoga for every body

Sarah Cook - Yoga and Mindful Living

Phone: 0457 514 658

Facebook: www.facebook.com/SarahCookMindfulLiving **Instagram:** www.instagram.com/sarah.cook.mindful.living/

Weekly Yoga Classes in Smithton

SENIORS

Emmerton Park Aged Care

Address: 2-12 Senior Drive, PO Box 397, Smithton, TAS 7330

Phone: 6452 9400

Email: admin@emmertonpark.com.au
Website: http://Emmertonpark.com.au

CH Indoor Bowls, Tai Chi, Chill Out, Scrabble, Indoor Bowls, Cards, Rummy, Bingo, Craft and

knitting

Circular Head Aboriginal Corporation (CHAC)

Address: 20 King Street, Smithton (Old Glo Building)

Phone: 6452 1287

Email: reception@chac.com.au

Mondays: 12.00pm lunch and 1.00pm bingo - \$5 per person. Fridays: 12.00pm Katie's Corner lunch - \$10 per person for 2 courses

*For full listing please refer to 'Aboriginal Services'

CHILL OUT (Circular Head Information and Life Long Learning on Universal Topics) Rural Health Tasmania

Address: Upper Grant Street, Smithton (Emmerton Park Clubhouse)

Phone: 6452 1266

Facebook: www.facebook.com/wedgestreet

Thursdays from 11.00am to 12.00pm, meet new people and learn about a new topic

COTA (Council on the Ageing) Tasmania

Care Finder Program
Enquiries: 1800 518 048

Free community service offering guidance though the Aged Care system

Meals on Wheels

Phone: 1800 696 325

Email: smithton@mowtas.org.au
Website: http://mowtas.org.au

Seniors Centre

Address: Gardner Ave, Smithton

Phone: 6452 9000

Email: admin@emmertonpark.com.au

SENIORS

Smithton Library

Address: 134-140 Nelson Street, Smithton

Phone: 6478 9574

Email: smithton.library@libraries.tas.gov.au

Tuesday 1.30pm - Tech Buddies, fun information / learning session using mobile devices. Booking

via Smithton Library / Eventbrite. BYO device

Wyndarra

Address: 43 Smith Street, Smithton

Phone: 6452 2722

Email: <u>info@wyndarra.org.au</u> *For full listing see page 8

TRANSPORT

Community Transport Services Tasmania Inc. (CTST)

Phone: 1800 781 033

Email: General enquiries: info@ctst.org.au

Volunteer enquiries: peopleandcapability@ctst.org.au

Website: www.ctst.org.au

Star Taxis Smithton Phone: 6452 1348

Redline Buses

Phone: 1300 360 000

Website: www.tasredline.com.au

Circular Head Aboriginal Corporation (CHAC)

Address: 10 King St, Smithton

Phone: 6452 1287

Email: reception@chac.com.au

Aged care, Learner driver mentor program (LDMP) *For full listing please refer to 'Aboriginal Services'

Circular Head Agricultural Society / Show committee

Phone: 0428 581 285 (Sue) / 0428 563 228 (Tony)

Email: chagsociety@gmail.com

Website: www.circularheadshow.com.au

Facebook: www.facebook.com/CircularHeadShow

Circular Head Heritage Centre

Address: 12 Nelson Street, Smithton Phone: 0448 577 498 (Elayne) Email: duckriver@bigpond.com

Facebook: www.facebook.com/circularheadheritagecentre

Circular Head Men's Shed

Address: 151 Nelson Street, Smithton

Phone: 0402 603 496

Email: info@mensshedcircularhead.org

Facebook: www.facebook.com/CircularHeadMensShed

Wednesday and Friday 9.20am to 2.00pm. Other times by arrangement

Circular Head Resale Shop

Address: 22475 Bass Highway, Smithton

Phone: 6409 4015

Volunteer enquiries: 6335 3000
Email: Pam.brown@citymission.org.au
Website: www.citymission.org.au/volunteer

Community Transport Services Tasmania Inc. (CTST)

Phone: 1800 781 033

Email: General enquiries: info@ctst.org.au

Volunteer enquiries: peopleandcapability@ctst.org.au

Website: http://ctst.org.au

Emmerton Park Auxiliary

Address: 2-12 Senior Drive, PO Box 397, Smithton, TAS 7330

Phone: 6452 9400

Email: admin@emmertonpark.com.au

Joseph Lyons Cottage Stanley

Address: 14 Alexander Terrace, Stanley **Phone:** 0458 315 338 / 0407 327 899

The 1879 birth place of Tasmanian Premier and Australian Prime Minister

LIONS CLUBS

Smithton - Circular Head Lions Club

Address: 62 Nelson Street, Smithton

Phone: 0457 461 573

Email: smithtonlionsclub@gmail.com

Facebook: www.facebook.com/community.help

Rocky Cape Lions Club

Address: 119 Yanns Road, Rocky Cape

Phone: 6443 4290

Email: rockycapelions@gmail.com

Meals on Wheels

Phone: 1800 696 325

Email: smithton@mowtas.org.au
Website: http://mowtas.org.au

Rotary Club of Smithton

Postal Address: PO Box 171, Smithton TAS 7330

Phone: 0417 103 025

Email: <u>smithtonrotary@gmail.com</u> **Website:** www.rotarytasmania.org.au

Facebook: www.facebook.com/RotaryClubSmithton

SES Circular Head Unit

Address: 117 Nelson Street, Smithton **Phone:** 0400 797 620 (Lynton)

Smithton Library

Address: 134-140 Nelson Street, Smithton

Phone: 6478 9561 / 6478 9574

Email: smithton.library@libraries.tas.gov.au **Facebook:** www.facebook.com/SmithtonLibrary

Stronger Together in Circular Head (STICH)

Phone: 0459 521 443 (Jodie) **Email:** stich.7330@gmail.com

Facebook: www.facebook.com/strongertogetherch

Volunteer run community group which aims to encourage good mental health practices and help seeking behaviours. The group offers short term support to community members and organises free training and community connection events and activities

Soroptimist International of Circular Head

Phone: 0421 017 943 (Hannah) / 0427 300 633 (Pat)

Email: sicircularhead@siseap.org
Website: www.siseap.org

A voice for women awareness, advocacy and action for equality and equity

St Vincent De Paul

Vinnie's Van and Dining with Friends Address: 132 Nelson Street, Smithton Phone: 6435 2323 / 0447 788 441

*Full listing see page 8

Stanley Discovery Museum

Address: 37-39 Church Street, Stanley

Phone: 0428 581 285 / 0458 315 338 / 0407 576 694

Email: stanleydiscoverymuseum@gmail.com

Facebook: www.facebook.com/StanleyDiscoveryMuseum Volunteer run museum showcasing Stanley's unique history

Tasmanian Fire Service

North West Region **Phone:** 6477 7250

Email: volunteers@fire.tas.gov.au
Arthur River: 2A Gardiner Street
Edith Creek: 1261 Trowutta Road
Forest: 422 Mengha Road
Hellyer: 2 Melaleuca Drive
Irishtown: 590 Irishtown Road
Marrawah: 844 Comeback Road
Mawbanna: 1446 Mawbanna Road
Montagu: 1691 Montagu Road
Montumana: 610 Montumana Road

Smithton: 35A Gibson Street **Stanley:** 7 Marine Esplanade **Togari:** 7 Salmon River Road

Treasure Chest

Address: 53 Emmett St, Smithton

Phone: 6402 8810

Facebook: www.facebook.com/TreasureChestSmithton

Second hand shop and not for profit charity, emergency food relief

Wedge Street Community Garden

Address: 23 Wedge Street, Smithton

Phone: 6452 1266

Website: www.ruralhealthtas.com.au

Facebook: www.facebook.com/SmithtonCommunityGarden

Facebook Messenger: @wedgestreet

Smithton Community Garden exists for people to learn and share knowledge about gardening

and to meet other gardeners

Wyndarra

Address: 43 Smith Street, Smithton

Phone: 6452 2722

Email: <u>info@wyndarra.org.au</u> *For full listing see page 8

ABORIGINAL HEALTH SERVICES

Dietitian, Exercise Physiotherapist, Occupational Therapist, Optometrist, Paediatrician, Podiatrist, Psychologist, Speech Therapist

Circular Head Aboriginal Corporation (CHAC)

Address: 10 King Street, Smithton

Phone: 6452 1287

AGED CARE SERVICE PROVIDERS

*Please see Senior's listing on pages 27-28

ALCOHOL AND OTHER DRUG (AOD) SUPPORT

Youth, Family and Community Connections

Phone: 0439 029 618

Anglicare (Wyndarra) Phone: 1800 243 232

CHAC AOD Program Phone: 6452 1287

AUDIOLOGY

Ear to Ear - Micro Suction ear cleaning (CHAC)

Phone: 0455 629 905

Hearing Australia Phone: 6432 6500

Hearing Australia (Wells Wragg Pharmacy)

Phone: 6432 6500

HAPEE Hearing Australia 0 to 6 years (CHAC)

Phone: 6452 1287

Ian Parsons (Smithton District Hospital)

Phone: 6478 9520

CHILDREN, YOUTH AND PARENTING

*See pages 9-13

CHIROPRACTIC

Island Chiropractic (CHAC)

Phone: 6431 9388

CHRONIC DISEASE SUPPORT PROGRAM

Rural Health Care Coordinator

Phone: 6452 1266

Circular Head Aboriginal Corporation (CHAC)

Phone: 6452 1287

DISABILITY SERVICES

*See page 18

DFNTAL

Dr Jay Kotay

Address: 37 Smith St, Smithton

Phone: 6452 1964

RFDS Mobile Dental Program (CHAC)

Phone: 6779 1480

TASMANIAN HEALTH SERVICE (THS) ORAL HEALTH SERVICE - CHILD

Smithton District Hospital

Phone: 6478 9520

DOMESTIC ABUSE / FAMILY VIOLENCE

Safe Choices

Phone: 1800 806 189

Circular Head Aboriginal Corporation (CHAC)

Youth Mental Health and Family Violence Support Program (12 to 25)

Phone: 6452 1287

GENERAL PRACTITIONER

Ochre Medical Services

Address: 14 King Street, Smithton

Phone: 6452 2555

HEP C AND BBV TESTING CLINIC

THS - Clinic 60 at Smithton District Hospital

Phone: 6777 1371

HOSPITAL

Smithton District Hospital

Address: 74 Brittons Road, Smithton

Phone: 6478 9520

HUNTTINGTON DISEASE SUPPORT GROUP

Smithton District Hospital

Address: 74 Brittons Road, Smithton

Phone: 6478 9520

MENTAL HEALTH SUPPORT

Circular Head Aboriginal Corporation (CHAC)

Social and Emotional Wellbeing Support Program, Youth Mental Health Support

Phone: 6452 1287

Connect for Healing

Address: 12 Church Street. Stanley

Phone: 0413 824 073

Website: www.connectforhealing.com

Laurel House (sexual abuse)

Phone: 1800 697 877

Feenikx Counselling and Mediation

Phone: 0498 704 680

North West Therapy Services

0 to 18 years - NDIS and Private

Phone: 0403 119 719

Psychiatrist - THS Child and Adolescent Psychiatrist

Phone: 6493 6000

Psychology Caffe Phone: 6426 3050

Relationship Australia (CHAC)

Phone: 6452 1287 **Rural Health Phone:** 6452 1266

Rural Alive & Well (RAW)

Phone: 1800 729 827
Richmond Futures

Phone: 6228 3344

Wyndarra

Phone: 6452 2722

MIDWIFE

THS Antenatal Clinic - Smithton District Hospital

Phone: 6478 9520

MS SUPPORT

Circular Head MS Support Group - Plus Connect

Phone: 1800 042 138

NEEDLE EXCHANGE

Wyndarra

Phone: 6452 2722

NEEDLE EXCHANGE AND SHARPS DISPOSAL

Smithton District Hospital

Phone: 6478 9520

OBSTETRICS AND GYNAECOLOGY

THS - Smithton District Hospital

Phone: 6478 9520

OCCUPATIONAL THERAPY AND SPEECH PATHOLOGY

North West Therapy Services - 0 to 18 years - NDIS and Private

Phone: 0403 119 719

Fly2Health

Phone: 1300 163 665

Website: melbourne@fly2health.com.au

OPTOMETRY

Eyelines Burnie - Smithton District Hospital

Phone: 6478 9520

PATHOLOGY - NORTH WEST PATHOLOGY SERVICES

Ochre Medical Services (Monday, Wednesday and Friday)

Phone: 6452 2555

PAEDIATRICIAN - THS PAEDIATRICIAN

Smithton District Hospital

Phone: 6493 6000

Circular Head Aboriginal Corporation (CHAC)

Phone: 6452 1287

PHARMACY

Smithton Pharmacy

Address: 18 King Street, Smithton

Phone: 6452 1129

Wells Wragg Pharmacy

Address: 142 Nelson Street, Smithton

Phone: 6452 1055

Good Shepherd Pharmacy

Address: 17 Church Street, Stanley

Phone: 6458 1262

PHYSIOTHERAPY

THS Physiotherapy - Smithton District Hospital

Phone: 6478 9520

North West Therapy Services - NDIS and Private

Phone: 0403 119 719

Rock Physio and Performance

Phone: 0429 403 633

PODIATRY / NAIL CARE - THS PODIATRIST

Smithton District Hospital

Phone: 6478 9520

FEET2U- FOOT CARE NURSE - NDIS, AGED CARE AND PAID SERVICES

Circular Head Aboriginal Corporation (CHAC)

Phone: 6452 1287

RADIOLOGY - I-MED RADIOLOGY SERVICES

Smithton District Hospital

Phone: 6478 9520

YOUTH SUPPORTS

YouthArch - Life Without Barriers

NOTES



Circular Head Council

33 Goldie Street Smithton Tasmania 7330

P| 6452 4800

E| council@circularhead.tas.gov.au

W | www.circularhead.tas.gov.au