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The Australian Fronto-Temporal Dementia Association Care, Support, Cure

### Carer Conversations

A Dementia Support Australia service in partnership with Australian Frontotemporal Dementia Association (AFTDA)

## Supporting carers of people living with frontotemporal dementia.



#### What are Carer Conversations?

Carer Conversations are face to face or online support groups for carers who are supporting someone with frontotemporal dementia. The groups provide an opportunity for you to meet, share and learn with other carers in a supportive environment. Each group is facilitated and supported by health professionals with expertise in FTD, as well as specific tailored advice on behaviour changes from consultants from Dementia Support Australia. The service is completely free.



### What do AFTDA do?

Dementia Support Australia has partnered with AFTDA to provide this free support service. AFTDA is a registered non-profit carer support organisation with a mission to:

- Establish and support Australian carer support groups for frontotemporal dementia (FTD) and related younger-onset dementias.
- Provide information, education, and support to carers/families and those diagnosed with FTD and related disorders.
- Educate and work with clinicians to reduce diagnostic delays and improve outcomes of individuals with FTD.
- Advocate with government, peak dementia bodies and organisations for affordable quality care services for people with FTD, and support research and treatments in FTD.
- Increase public awareness about FTD and the needs of those with lived experience of FTD.
- Facilitate the international exchange of ideas with FTD researchers and clinicians.

# How do I access this free service?

If you believe you are eligible for the Carer Conversations, contact DSA via our website to advise the details of the FTD diagnosis and your preferences. We will work with you to understand your specific needs and location before enrolling you in a face to face or online group.

The experience of caring for someone living with FTD is different for everyone. For this reason, you may require this service for a short time or a longer duration. Please note that it does not impact any other NDIS care or DSA support you might be receiving.

