# Out and About Bus Outings - Over 65s

This program is aimed at meeting the client's individual needs for socialisation by offering group outings that are fun and entertaining, enhancing a person's quality of life, emotionally, physically and mentally. It reduces social isolation and encourages individuals to be social in their community.

## Locations

Coordinated from 24 Sunderland Street, Moonah

- Moonah
- Kingborough
- New Norfolk

## Who can access this service

People over the age of 65.

## Referral

If you currently recieve social support services from CBS please call CBS directly to register your interest.

All new clients must first register with My Aged Care on 1800 200 422

# **Program details**

Bus outings run between 10am and 3pm on varying days (excluding public holidays).

Clients may be picked up from and dropped off to their home (depending on location).

Clients are encouraged to participate in the planning, delivery and evaluation of the outings.

#### **Allocation**

Is dependent on the overall demand for the service, a client's individual needs and available resources at the time of assessment.

## \*What does the service cost

A flat rate of \$5 is charged for each bus outing. Whilst CBS makes a small contribution towards lunch, participants are encouraged to bring extra spending money to contribute towards their lunch and any other incidentals they may wish to purchase on the day.

## **Funding**

Funded by the Commonwealth Home Support Program.

## **Enquiries**

Ph: 1300 227 827 (Local call charges apply; calls from mobiles at applicable rates) Monday – Friday 8.30am – 5pm (except public holidays). admin@cbsaust.org.au www.cbsaust.org.au

\*For prices on purchased services please refer to 'Sale of Service Price Schedule'.

