## How you can get help for drug or alcohol problems.

Our service is **voluntary**, **confidential** and **free**.

Anglicare **Drug** and **Alcohol Treatment** and **Support Services** 



1800 243 232 anglicare-tas.org.au

## Anglicare Drug and Alcohol Treatment and Support Services (ADATS)

Has your drug or alcohol use become problematic? Free treatment is available for all ages, across the whole of Tasmania, for any alcohol or other drug problems.

## **ADATS** can:

- Work through risks, provide information and develop a plan to support what you want to change
- Provide counselling, information, advice and referrals - depending on need
- Refer you to vocational, financial or other social support services

You can either self-refer (no referral form is required) or someone you trust, including your family, friends or healthcare professional can contact us and make a referral.

To make an appointment call 1800 243 232 or email connectsupport@anglicare-tas.org.au

This service is supported by funding from Tasmania PHN (Primary Health Tasmania) through the Australian Government's PHN Program.



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